

The Dodgeball Digest

A MONTHLY PLAYWORKS NEWSLETTER

GET IN THE GAME

SKILL OF THE WEEK:

This week we focused on **self-management and agility**. We learned the different ways to be responsible for oneself including healthy play.

GAMES WE PLAYED:

- RoShamBo Duo (K-3rd)
 - Farm Tag (K-3rd)
 - Drop the Cookie (K-3rd)
 - The cone game (4th-6th)
 - Cone Guard Dodgeball (4th-6th)
 - Cone Conquest (4th-5th)
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TRY IT AT HOME:

- RoShamBo Duo
- The cone game



WHAT'S COMING UP

- Coach Gaby will be back:
Mar. 23rd-27th
- Recess Team Meeting: Tues.
10:35-11:05
- Junior Coach Meetings: Wed.-Thurs.
2:45-4:15

WEEK AT A GLANCE:

Our Junior Coaches this week have been focusing on **inclusion** and **exclusion**. We discussed what inclusion means and what it looks like in the playground while we are working our shift as well as when we are at recess. We also discussed what exclusion means and the different feelings that come along with excluding people or feeling excluded.

We also discussed what to do when we see someone being excluded and how to have a positive approach to the situation.



RECESS ROCKSTAR

Coach Brad and Ryder

Big shout out to Coach Brad and Ryder! Adult participation is a big focus when it comes to building rapport with our students. Thank you for cheering them on and being involved with all the students here at Shumway. Coach Brad works hard everyday to set up boundaries at recess and to make sure the games are running how they should and for always supporting our junior coaches. Also Shout out to Ryder for all the hard work he has been doing. He has been modifying class game time for kindergarten and has been incorporating them at recess.